



CHILBLAINS

RMA ID Number	Reference List for RMA199-03 as at August 2026
81764	Abdel-Salam GM, El-Kamah GY, Rice GI, et al (2010). Chilblains as a diagnostic sign of aicardi-goutieres syndrome. <i>Neuropediatrics</i> , 41(1): 18-23.
81763	Abe J, Nakamura K, Nishikomori R, et al (2014). A nationwide survey of Aicardi-Goutieres syndrome patients identifies a strong association between dominant TREX1 mutations and chilblain lesions: Japanese cohort study. <i>Rheumatology (Oxford)</i> , 53(3): 448-58.
132505	Abenavoli L, Dastoli S, Bennardo L, et al (2019). The skin in celiac disease patients: the other side of the coin. <i>Medicina (Kaunas)</i> , 55(9): 578.
132515	Abrassart T, Roland T, Laurent F, et al (2021). A case of antisynthetase syndrome with chilblains-like lesions and microangiopathy. <i>Clin Case Rep</i> , 9(3): 1446-9.
81729	Akkurt ZM, Ucmak D, Yildiz K, et al (2014). Chilblains in Turkey: a case-control study. <i>An Bras Dermatol</i> , 89(1): 44-50.
130824	Al Qassimi S, Abdulla F, Elarabi M, et al (2024). Chilblain lupus masquerading as tinea pedis. <i>Oman Med J</i> , 39(6): e702.
132516	Aleshin M, Martin S, Palla B, et al (2018). Chilblain lupus erythematosus presenting with bilateral hemorrhagic bullae of distal halluces. <i>Cutis</i> , 101(6): E16-8.
80299	Almahameed A, Pinto DS (2008). Pernio (chilblains). <i>Curr Treat Options Cardiovasc Med</i> , 10(2): 128-35.
132517	Arefinia N, Ghoreschi ZA, Alipour AH, et al (2023). A comprehensive narrative review of the cutaneous manifestations associated with COVID-19. <i>Int Wound J</i> , 20(3): 871-9.
132518	Argobi Y (2025). Trends and associations of chilblains prevalence with connective tissue diseases, including COVID-19 incidence. <i>Clin Cosmet Investig Dermatol</i> , 18: 339-44.
132519	Arkin LM, Moon JJ, Tran JM, et al (2021). From your nose to your toes: a review of severe acute respiratory syndrome coronavirus 2 pandemic-associated pernio. <i>J Invest Dermatol</i> , 141(12): 2791-6.
130820	Arora JS, Kesler A, Min MS (2025). A global retrospective study identifies higher rates of pernio in individuals with connective tissue disease. <i>J Am Acad Dermatol</i> , 92(3): 636-40.
132520	Askin O, Altunkalem RN, Altinisik DD, et al (2020). Cutaneous manifestations in hospitalized patients diagnosed as COVID-19. <i>Dermatol Ther</i> , 33(6): e13896.
130821	Aung T, Celestin M (2025). Chilblains with tumid lupus features in a patient with Sjogren's syndrome: a case report. <i>Cureus</i> , 17(4): e82439.
132521	Australian War Memorial (2022). Out in the Cold: Australia's involvement in the Korean War - Medical Personnel. Retrieved 26 March 2026, from https://www.awm.gov.au/visit/exhibitions/korea/ausinkorea/medical

132522	Ayli EE, Ingraffea A, Weinman M, et al (2012). Chilblains in a Mohs histotechnician. <i>Dermatol Surg</i> , 38(9): 1555-6.
80354	Baker JS, Miranpuri S (2016). Perniosis: a case report with literature review. <i>J Am Podiatr Med Assoc</i> , 106(2): 138-40.
132524	Banga S, Khromava A, Serradell L, et al (2024). Background incidence rates of health outcomes of interest for COVID-19 vaccine safety monitoring in a US population: a claims database analysis. <i>BMJ Open</i> , 14(7): e083947.
130829	Barman B, Marak A, Jamil M, et al (2021). Dermatological manifestation can be an early sign in Covid-19: Report of three cases with a novel manifestation masquerading Steven Johnson syndrome. <i>J Family Med Prim Care</i> , 10(11): 4299-302.
132528	Bassi A, Mazzatenta C, Sechi A, et al (2022). Not only toes and fingers: COVID vaccine-induced chilblain-like lesions of the knees. <i>J Eur Acad Dermatol Venereol</i> , 36(7): e497-8.
132530	Bean CE (1916). Official History, 1914-18 War: Records of C E W Bean, Official Historian. Retrieved 26 March 2026, from https://www.awm.gov.au/collection/C1377970
132531	Belot A, Boespflug-Tanguy O, Boursier G, et al (2025). French protocol for diagnosis and management of type 1 interferonopathies. <i>Rev Med Interne</i> , 46(6): 320-40.
49292	Better Health Channel (2008). Chilblains. Retrieved 31 July 2008, from www.betterhealth.vic.gov.au/bhcv2/bharticles.nsf/pages/Chilblains
81838	Boada A, Bielsa I, Fernandez-Figueras MT, et al (2010). Perniosis: clinical and histopathological analysis. <i>Am J Dermatopathol</i> , 32(1): 19-23.
132532	Bohman KD, Papadimos TJ, Gottwald LD, et al (2009). Perniosis (chilblains) masquerading as CA-MRSA: a case report. <i>Cases J</i> , 2: 6500.
132537	Bolton C, Chen Y, Hawthorne R, et al (2020). Systematic review: Monoclonal antibody-induced subacute cutaneous lupus erythematosus. <i>Drugs R D</i> , 20(4): 319-30.
48550	Bouaziz JD, Barete S, Le Pelletier F, et al (2007). Cutaneous lesions of the digits in systemic lupus erythematosus: 50 cases. <i>Lupus</i> , 16(3): 163-7.
130835	Brazao C, Mancha D, Antunes-Duarte S, et al (2023). Chilblain-like eruption unveiling cutaneous aleukemic relapse of acute myeloid leukemia. <i>Am J Dermatopathol</i> , 45(12): 847-51.
81347	Bursztejn AC, Briggs TA, del Toro Duany Y, et al (2015). Unusual cutaneous features associated with a heterozygous gain-of-function mutation in IFIH1: overlap between Aicardi-Goutieres and Singleton-Merten syndromes. <i>Br J Dermatol</i> , 173(6): 1505-13.
132567	Campos Garcia L, Barcelos VM, Macedo de Alcantara M, et al (2023). Perniosis-like erythema after SARS-CoV2 infection reactivated by vaccination with inactivated virus. <i>An Bras Dermatol</i> , 98(4): 552-4.
132538	Canu D, Viallard JF, Lazaro E, et al (2021). Association of chilblain lupus and anti-Ro/SSA and anti-La/SSB antibodies: a study of 30 cases. <i>Int J Dermatol</i> , 60(12): e509-11.
132539	Cappaert TA, Stone JA, Castellani JW, et al (2008). National Athletic Trainers' Association position statement: environmental cold injuries. <i>J Athl Train</i> , 43(6): 640-58.
81748	Cappel J, Wetter DA (2014). Clinical characteristics, etiologic associations, laboratory findings, treatment, and proposal of diagnostic criteria of pernio (chilblains) in a series of 104 patients at Mayo Clinic, 2000 to 2011. <i>Mayo Clin Proc</i> , 89(2): 207-15.
132540	Cappel MA, Cappel JA, Wetter DA (2021). Pernio (chilblains), SARS-CoV-2, and COVID toes unified through cutaneous and systemic mechanisms. <i>Mayo Clin Proc</i> , 96(4): 989-1005.

132541	Caproni M, Bonciolini V, D'Errico A, et al (2012). Celiac disease and dermatologic manifestations: many skin clue to unfold gluten-sensitive enteropathy. <i>Gastroenterol Res Pract</i> , 2012: 952753.
130838	Casanegra AI, Shepherd RF (2021). Raynaud phenomenon and other vasospastic disorders. <i>Cardiol Clin</i> , 39(4): 583-99.
132542	Chaichan W, Chuamanochan M, Mahanupab P, et al (2025). Chilblain-like lesion associated with coronavirus disease 2019 vaccine in tropical country: a case report. <i>J Med Case Rep</i> , 19(1): 213.
32	Champion RH (1992). Reactions to Cold. JL Burton, FJG Ebling (Eds). <i>Textbook of Dermatology</i> , 5th Edition, Vol 2 Chapter 20: 833-6. Blackwell Scientific Publications Limited, Oxford.
48474	Chan Y, Tang W, Lam WY, et al (2008). A cluster of chilblains in Hong Kong. <i>Hong Kong Med J</i> , 14(3): 185-91.
132543	Choi E, Henkin S (2021). Raynaud's phenomenon and related vasospastic disorders. <i>Vasc Med</i> , 26(1): 56-70.
130826	Clerkin SM, Carlson NT, Long B, et al (2023). Cold weather injury in a Special Operations aviation crew member: a case report. <i>J Spec Oper Med</i> , 23(1): 80-3.
132544	Conti F, Catelli A, Cifaldi C, et al (2021). Case report: Hodgkin lymphoma and refractory systemic lupus erythematosus unveil activated phosphoinositide 3-Kinase-3 syndrome 2 in an adult patient. <i>Front Pediatr</i> , 9: 702546.
48472	Cribier B, Djeridi N, Peltre B, et al (2001). A histologic and immunohistochemical study of chilblains. <i>J Am Acad Dermatol</i> , 45(6): 924-9.
80526	Crisp AH (1968). Primary anorexia nervosa. <i>Gut</i> , 9(4): 370-2.
132545	Crow YJ, Chase DS, Lowenstein Schmidt J, et al (2015). Characterization of human disease phenotypes associated with mutations in TREX1, RNASEH2A, RNASEH2B, RNASEH2C, SAMHD1, ADAR, and IFIH1. <i>Am J Med Genet A</i> , 167A(2): 296-312.
48473	Crowson AN, Magro CM (1997). Idiopathic perniosis and its mimics: a clinical and histological study of 38 cases. <i>Hum Pathol</i> , 28(4): 478-84.
132546	Damsky W, King BA (2019). Targeted treatment of TREX1 chilblain lupus and other interferonopathies-taming T REX. <i>JAMA Dermatol</i> , 155(3): 283-4.
132547	Dane A, Rama S, Sikorski L (2015). Equestrian perniosis: A case report and review of the literature. <i>Dermatol Online J</i> , 21(10): 13030/qt8gz5w935.
132548	David C, Arango-Franco CA, Badonyi M, et al (2024). Gain-of-function human UNC93B1 variants cause systemic lupus erythematosus and chilblain lupus. <i>J Exp Med</i> , 221(8): e20232066.
132549	Dean SM (2018). Cutaneous manifestations of chronic vascular disease. <i>Prog Cardiovasc Dis</i> , 60(6): 567-79.
48549	DeGroot DW, Castellani JW, Williams JO, et al (2003). Epidemiology of US Army cold weather injuries, 1980-1999. <i>Aviat Space Environ Med</i> , 74(5): 564-70.
132550	Demircioglu D, Ozturk Durmaz E (2025). Acrocyanosis: The least known acrosyndrom revisited with a dermatologic perspective. <i>Dermatol Res Pract</i> , 2025: 2904301.
49293	DermAtlas (2008). Chilblains. Retrieved 31 July 2008, from http://dermatlas.med.jhmi.edu/derm/result.cfm?Diagnosis=-1683395337
50011	Derml S (2008). Chilblain lupus. Retrieved 12 August 2008, from http://dermis.multimedia.de/dermisroot/en/30834/diagnose.htm
132551	Drenovska K, Schmidt E, Vassileva S (2020). Covid-19 pandemic and the skin. <i>Int J Dermatol</i> , 59(11): 1312-9.

130828	Dubey S, Joshi N, Stevenson O, et al (2022). Chilblains in immune-mediated inflammatory diseases: a review. <i>Rheumatology (Oxford)</i> , 61(12): 4631-42.
132552	Edmonds N, Guerra R, Noland MB, et al (2021). An unusual case of T-cell prolymphocytic leukemia mimicking a cutaneous vasculitis. <i>J Cutan Pathol</i> , 48(10): 1311-6.
132553	El-Komy MH, Baran R (2015). Acroosteolysis presenting with brachyonychia following exposure to cold. <i>J Eur Acad Dermatol Venereol</i> , 29(11): 2252-4.
132554	Elman SA, Mazori DR, Merola JF (2022). Tofacitinib for refractory chilblain lupus erythematosus. <i>Int J Dermatol</i> , 61(4): e156-7.
132558	Eugster A, Muller D, Gompf A, et al (2022). A novel type I interferon primed dendritic cell subpopulation in TREX1 mutant chilblain lupus patients. <i>Front Immunol</i> , 13: 897500.
132559	Fennell J, Onel K (2022). Chilblains-like lesions in pediatric patients: a review of their epidemiology, etiology, outcomes, and treatment. <i>Front Pediatr</i> , 10: 904616.
132560	Fernandez-Figueras MT (2022). Dermatopathology of COVID-19 infection and vaccination. <i>Pathologie (Heidelb)</i> , 43(Suppl 1): 114-8.
123977	Fijalkowska A, Kadziela M, Zebrowska A (2024). The spectrum of cutaneous manifestations in lupus erythematosus: A comprehensive review. <i>J Clin Med</i> , 13(8): 2419.
132561	Freeman EE, McMahon DE, Lipoff JB, et al (2020). Pernio-like skin lesions associated with COVID-19: A case series of 318 patients from 8 countries. <i>J Am Acad Dermatol</i> , 83(2): 486-92.
132562	Fulton HM, Fulton DB (2021). Postsurgical appearance of chilblains lupus erythematosus. <i>J Hand Surg Glob Online</i> , 3(5): 302-5.
132563	Gambichler T, Boms S, Susok L, et al (2022). Cutaneous findings following COVID-19 vaccination: review of world literature and own experience. <i>J Eur Acad Dermatol Venereol</i> , 36(2): 172-80.
132564	Ganatra B, Amarnani R, Alfalouji Y, et al (2022). Patient characteristics in tardive COVID-19 pseudoperniosis: a case series of 16 patients. <i>Clin Exp Dermatol</i> , 47(2): 399-403.
132566	Gao G, Liu J, Sun R, et al (2025). Dermatitis neglecta and chilblain lupus erythematosus occurred post surgery of basal cell carcinoma: a case report. <i>Clin Cosmet Investig Dermatol</i> , 18: 419-26.
132565	Gao JC, Huang A, Desai A, et al (2022). "COVID toes": A true viral phenomenon or a diagnosis without a leg to stand on? <i>JAAD Int</i> , 9: 1-6.
132568	Gianotti R, Recalcati S, Fantini F, et al (2020). Histopathological study of a broad spectrum of skin dermatoses in patients affected or highly suspected of infection by COVID-19 in the northern part of Italy: Analysis of the many faces of the viral-induced skin diseases in previous and new reported cases. <i>Am J Dermatopathol</i> , 42(8): 564-70.
80527	Gomes MM, Santos L (2014). Perniosis. <i>BMJ Case Rep</i> , 2014: bcr2014203732.
132572	Gomez-Fernandez C, Lopez-Sundh AE, Gonzalez-Vela C, et al (2020). High prevalence of cryofibrinogenemia in patients with chilblains during the COVID-19 outbreak. <i>Int J Dermatol</i> , 59(12): 1475-84.
81975	Gordon R, Arikian AM, Pakula AS (2014). Chilblains in Southern California: two case reports and a review of the literature. <i>J Med Case Rep</i> , 8: 381.
132573	Grover A, Choi F, Wang SP (2023). Early cutaneous manifestations of COVID-19: A systematic review and public health implications. <i>WMJ</i> , 122(5): 349-56.
132575	Gul U (2020). COVID-19 and dermatology. <i>Turk J Med Sci</i> , 50(8): 1751-9.

132578	Gumbita R, Liu JZ, Prasad RM, et al (2022). Dermatologic manifestation of acro-ischemia associated with COVID-19. <i>Ochsner J</i> , 22(1): 85-8.
132582	Ha BM, Lim H, Yu JA, et al (2024). Current status of cold injuries in the South Korean military over the past 5 years: Analysis and assessment based on the 2023–2024 surveillance system. <i>Mil Med</i> , 189(11-12): e2545-9.
132583	Haber JS, Ker KJ, Werth VP, et al (2016). Ice-pack dermatosis: A diagnostic pitfall for dermatopathologists that mimics lupus erythematosus. <i>J Cutan Pathol</i> , 43(1): 1-4.
49294	Health Disease (2008). Chilblains - causes, symptoms and treatment. Retrieved 31 July 2008, from http://www.health-disease.org/skin-disorders/chilblains.htm
48471	Hedrich CM, Fiebig B, Hauck FH, et al (2008). Chilblain lupus erythematosus--a review of literature. <i>Clin Rheumatol</i> , 27(8): 949-54.
48548	Helm TN, Jones CM (2002). Chilblain lupus erythematosus lesions precipitated by the cold. <i>Cutis</i> , 69(3): 183-4, 190.
132584	Hoff NP, Freise NF, Schmidt AG, et al (2021). Delayed skin reaction after mRNA-1273 vaccine against SARS-CoV-2: a rare clinical reaction. <i>Eur J Med Res</i> , 26(1): 98.
132585	Horino T, Ichii O, Terada Y (2020). Hydroxychloroquine-associated hyperpigmentation in chilblain lupus erythematosus. <i>J Clin Rheumatol</i> , 26(6): e192.
132588	Hubiche T, Cardot-Leccia N, Le Duff F, et al (2021). Clinical, laboratory, and interferon-alpha response characteristics of patients with chilblain-like lesions during the COVID-19 pandemic. <i>JAMA Dermatol</i> , 157(2): 202-6.
132590	Iijima S, Miyamoto H, Tsunoda T, et al (2020). Two cases of cold-associated perniosis of the thighs in stable workers successfully treated with diaminodiphenylsulfone. <i>J Dermatol</i> , 47(11): e404-6.
132593	Ishiguro Y, Muro Y, Murase C, et al (2019). Drug-induced acute eosinophilic pneumonia due to hydroxychloroquine in a chilblain lupus patient. <i>J Dermatol</i> , 46(10): e356-7.
130841	Jabalameli N, Rajabi F, Firooz A, et al (2022). The overlap between genetic susceptibility to COVID-19 and skin diseases. <i>Immunol Invest</i> , 51(4): 1087-94.
130840	Jack KL, Kula M, Flint JD, et al (2015). A case of good syndrome presumed secondary to metastatic pancreatic thymoma in a patient presenting with a myasthenic crisis postthymectomy. <i>J Clin Neuromuscul Dis</i> , 16(3): 159-63.
130830	Jimenez-Cebrian AM, Castro-Mendez A, Garcia-Podadera B, et al (2021). Clinical manifestations of COVID-19 in the feet: a review of reviews. <i>J Clin Med</i> , 10(10): 2201.
80528	Jordaan HF (2008). The diagnosis and management of perniosis (chilblains). <i>S Afr Fam Pract</i> , 49(6): 28-9.
130834	Joshi N, Ullah S, Shah A, et al (2025). Novel association of chilblains with inflammatory arthritis- series of three cases and review of literature. <i>Rheumatol Int</i> , 45(4): 85.
132596	Kadian-Dodov D (2023). Cold hands or feet: is it Raynaud's or not? <i>Med Clin North Am</i> , 107(5): 829-44.
132599	Kapnia AK, Ziaka S, Ioannou LG, et al (2022). Population characteristics, symptoms, and risk factors of idiopathic chilblains: A systematic review, meta-analysis, and meta-regression. <i>Biology (Basel)</i> , 11(11): 1651.
132601	Karkouche R, Bernigaud C, Fontugne J, et al (2017). Cold-associated perniosis of the thighs histopathologically mimicking lupus. Six observations. <i>J Eur Acad Dermatol Venereol</i> , 31(6): 1029-32.

132602	Kashetsky N, Mukovozov IM, Bergman J (2021). Chilblain-like lesions (CLL) associated with COVID-19 ("COVID toes"): A systematic review. <i>J Cutan Med Surg</i> , 25(6): 627-33.
132604	Kinariwalla N, Tarazi M, Lewin JM, et al (2022). A case of belatacept-induced chilblain lupus. <i>JAAD Case Rep</i> , 21: 112-5.
132605	King JM, Plotner AN, Adams BB (2012). Perniosis induced by a cold-therapy system. <i>Arch Dermatol</i> , 148(9): 1101-2.
132611	Kisla Ekinci RM, Balci S, Bisgin A, et al (2017). A homozygote TREX1 mutation in two siblings with different phenotypes: Chilblains and cerebral vasculitis. <i>Eur J Med Genet</i> , 60(12): 690-4.
81974	Koca TT, Baglan T, Kurtoglu E, et al (2016). Perniosis (chilblain): Report of three cases. <i>Int J Med Health Sci</i> , 5(1): 52-6.
132612	Kolivras A, Thompson C, Pastushenko I, et al (2022). A clinicopathological description of COVID-19-induced chilblains (COVID-toes) correlated with a published literature review. <i>J Cutan Pathol</i> , 49(1): 17-28.
132613	Komori T, Otsuka A, Honda T, et al (2017). A case of chilblain lupus erythematosus with lupus erythematosus/lichen planus overlap syndrome. <i>J Eur Acad Dermatol Venereol</i> , 31(9): e424-5.
131165	Kowtoniuk RA, Liu YE, Jeter JP (2021). Cutaneous cold weather injuries in the US military. <i>Cutis</i> , 108(4): 181-4.
80298	Kroshinsky D (2016). Pernio (chilblains). Retrieved 9 January 2017, from https://www.uptodate.com/contexts/pernio-chilblains
132614	Kroshinsky D (2025). Pernio (chilblains). Retrieved 27 March 2026, from https://www.uptodate.com/contents/pernio-chilblains
81738	Kulcu Cakmak S, Gonul M, Oguz ID, et al (2014). Demographical, laboratory and associated findings in patients with perniosis. <i>J Eur Acad Dermatol Venereol</i> , 28(7): 891-4.
132615	Ladha MA, Luca N, Constantinescu C, et al (2020). Approach to chilblains during the COVID-19 pandemic'. <i>J Cutan Med Surg</i> , 24(5): 504-17.
132616	Landa N, Mendieta-Eckert M, Fonda-Pascual P, et al (2020). Chilblain-like lesions on feet and hands during the COVID-19 pandemic. <i>Int J Dermatol</i> , 59(6): 739-43.
132617	Larkins N, Murray KJ (2013). Major cluster of chilblain cases in a cold dry Western Australian winter. <i>J Paediatr Child Health</i> , 49(2): 144-7.
82148	Lebeau S, Tambe S, Sallam MA, et al (2013). Docetaxel-induced relapse of subacute cutaneous lupus erythematosus and chilblain lupus. <i>J Dtsch Dermatol Ges</i> , 11(9): 871-4.
132618	Lee DS, Mirmirani P, McCleskey PE, et al (2020). Cutaneous manifestations of COVID-19: a systematic review and analysis of individual patient-level data. <i>Dermatol Online J</i> , 26(12): 13030/qt7s34p8rw.
132619	Lemieux A, Sanchez Vivas NE, Powell J, et al (2020). Pernio as the clinical presentation of celiac disease: A case report. <i>SAGE Open Med Case Rep</i> , 8: 2050313X20940442.
132620	Li J, Wen W, Mu Z, et al (2023). Prevalence of cutaneous manifestations in COVID-19: A meta-analysis. <i>J Dermatol</i> , 50(5): 622-36.
132621	Li Y, Cheng S, Ying C, et al (2023). Targetoid-like lesions and chilblain-like erythema manifested on hands and feet: A case of Rowell syndrome from China. <i>Immun Inflamm Dis</i> , 11(8): e979.
132622	Li Y, Song Y, Yang X, et al (2025). TRPM8-driven thermogenesis by menthol: mechanisms of cold injury prevention. <i>J Physiol Biochem</i> , 81(4): 1051-66.
48547	Long WB 3rd, Edlich RF, Winters KL, et al (2005). Cold injuries. <i>J Long Term Eff Med Implants</i> , 15(1): 67-78.

81837	Louis M, Rauch J, Armstrong M, et al (2003). Induction of autoantibodies during prolonged treatment with infliximab. <i>J Rheumatol</i> , 30(12): 2557-62.
132623	Luck P, Wakeling A (1981). Increased cutaneous vasoreactivity to cold in anorexia nervosa. <i>Clin Sci (Lond)</i> , 61(5): 559-67.
82126	Lutz V, Cribier B, Lipsker D (2010). Chilblains and antiphospholipid antibodies: report of four cases and review of the literature. <i>Br J Dermatol</i> , 163(3): 645-6.
22968	Mahboob A, Haroon TS (1998). Drugs causing fixed eruptions: a study of 450 cases. <i>Int J Dermatol</i> , 37(11): 833-8.
132624	Mahoney A (2012). Cold weather injury risk analysis and management in a Tasmanian Army Reserve Battalion. <i>J Mil Vet Health</i> , 20(3): 43-7.
132629	Malic M, Mocic Pavic A, Gagro A, et al (2022). From chilblains (pernio) to coeliac disease-should we still consider it random? <i>Children (Basel)</i> , 9(12): 1972.
132625	Manor U, Dankovich N, Boleslavsky D, et al (2019). Chilblains in a patient with systemic lupus erythematosus: another manifestation of the great masquerader. <i>Isr Med Assoc J</i> , 21(11): 761-2.
132626	Maraj DC, Barak-Norris R (2021). A case of longstanding idiopathic pernio/chilblain disease. <i>Cureus</i> , 13(9): e17674.
50009	Maroon M, Hensley D (2006). Pernio. Retrieved 2 September 2008, from http://www.emedicine.com/derm/topic322.htm
80296	Maroon MS (2016). Pernio. Retrieved 5 January 2017, from http://emedicine.medscape.com/article/1087946-overview
132627	Mascitti H, Jourdain P, Bleibtreu A, et al (2021). Prognosis of rash and chilblain-like lesions among outpatients with COVID-19: a large cohort study. <i>Eur J Clin Microbiol Infect Dis</i> , 40(10): 2243-8.
132628	Masood W, Ahmad S, Khan NA, et al (2022). Pathobiology of cutaneous manifestations associated with COVID-19 and their management. <i>Viruses</i> , 14(9): 1972.
48740	McCleskey PE, Winter KJ, Devillez RL (2006). Tender papules on the hands. Diagnosis: idiopathic chilblains (perniosis). <i>Arch Dermatol</i> , 142(11): 1501-6.
132759	McDermott A, Jacks J, Kessler M, et al (2015). Proteasome-associated autoinflammatory syndromes: advances in pathogenesis, clinical presentations, diagnosis, and management. <i>Int J Dermatol</i> , 54(2): 121-9.
81984	McEntagart M, Kamel H, Lebon P, et al (1998). Aicardi-Goutieres syndrome: an expanding phenotype. <i>Neuropediatrics</i> , 29(3): 163-7. [Abstract]
76684	McMahon JA, Howe A (2012). Cold weather issues in sideline and event management. <i>Curr Sports Med Rep</i> , 11(3): 135-41.
132630	Meesilpavikkai K, Dik WA, Schrijver B, et al (2019). Efficacy of baricitinib in the treatment of chilblains associated with aicardi-goutieres syndrome, a type I interferonopathy. <i>Arthritis Rheumatol</i> , 71(5): 829-31.
132632	Mehta N, Baskaran N, Arava S, et al (2022). B cell depletion therapy using rituximab to induce long-term remission of recalcitrant skin lesions of subacute cutaneous lupus erythematosus. <i>BMJ Case Rep</i> , 15(5): e248476.
132631	Mehta P, Bunker CB, Ciurtin C, et al (2021). Chilblain-like acral lesions in long COVID-19: management and implications for understanding microangiopathy. <i>Lancet Infect Dis</i> , 21(7): 912.
132633	Middleton HT, Boswell CL, Houwink EJ, et al (2023). Vincristine-induced acrocyanosis and erythema pernio. <i>J Prim Care Community Health</i> , 14: 21501319231181879.
132634	Min JY, Choi YS, Lee HS, et al (2021). Increased cold injuries and the effect of body mass index in patients with peripheral vascular disease. <i>BMC Public Health</i> , 21(1): 294.

132635	Mirza FN, Malik AA, Omer SB, et al (2021). Dermatologic manifestations of COVID-19: a comprehensive systematic review. <i>Int J Dermatol</i> , 60(4): 418-50.
132636	Mohta A, Mohta A, Nai RS, et al (2021). An observational study of mucocutaneous manifestations among SARS-CoV-2 patients from three COVID-19 dedicated tertiary care centers. <i>Indian Dermatol Online J</i> , 12(5): 687-95.
132637	Morris TM, Mazzola R, Berry B, et al (2015). Small lymphocytic lymphoma with florid pernio-like features: a case report. <i>BMC Dermatol</i> , 15: 11.
80529	Mu EW, Terushkin V, Meehan SA, et al (2016). A case of pernio. <i>Dermatol Online J</i> , 22(12): 13030.
132638	Myers TM, Bigler CJ, Maurer MB, et al (2020). Tilio: Foot rot in Grand Canyon River runners. <i>Wilderness Environ Med</i> , 31(1): 82-6.
132639	Nasir AZ, Burmeister RS (2023). Primary cutaneous marginal zone lymphoma presenting with secondary chilblains of the toes. <i>BMJ Case Rep</i> , 16(8): e255894.
132640	Nazzaro G, Genovese G, Marzano AV (2018). Idiopathic chilblains in myelomonocytic leukemia: not a simple association. <i>Int J Dermatol</i> , 57(5): 596-8.
132641	Nyasulu PS, Tamuzi JL (2024). Epidemiology, clinical profiles, and prognostic value of COVID-19-related cutaneous manifestations in African populations: a rapid narrative review. <i>Int J Dermatol</i> , 63(1): 10-22.
132642	Nyssen A, Benhadou F, Magnee M, et al (2020). Chilblains. <i>Vasa</i> , 49(2): 133-40.
132643	Olson KO, Patel S, Pathak P, et al (2025). Cutaneous small vessel vasculitis in the COVID-19 era: a systematic review. <i>Skin Health Dis</i> , 5(2): 114-23.
130837	Ordóñez-Rubiano MF, Gutierrez-Marin PA (2024). Chilblain lupus erythematosus triggered by UV nail lamp exposure: A case series. <i>Chilblain lupus and nail lamp</i> . <i>Lupus</i> , 33(12): 1379-82.
81983	Ostergaard JR, Christensen T, Nehen AM (1999). A distinct difference in clinical expression of two siblings with Aicardi-Goutières syndrome. <i>Neuropediatrics</i> , 30(1): 38-41. [Abstract]
132644	Otter SJ, Rohan M, Davies KA, et al (2017). Categorisation of foot complaints in systemic lupus erythematosus (SLE) from a New Zealand cohort. <i>J Foot Ankle Res</i> , 10: 33.
33	Page EH, Shear NH (1988). Temperature-dependent skin disorders. <i>J Am Acad Dermatol</i> , 18(5 Pt 1): 1007, 1017.
49290	Page EH, Shear NH (1988). Temperature-dependent skin disorders. <i>J Am Acad Dermatol</i> , 18(5 Pt 1): 1003-19.
132645	Pande T, Agrawal A, Priya Ranjan (2022). Penile chill blains: a case report. <i>Indian J Surg</i> , 84(2): 389-91.
132646	Paradis C, Cadieux-Dion M, Meloche C, et al (2019). TREX-1-related disease associated with the presence of cryofibrinogenemia. <i>J Clin Immunol</i> , 39(1): 118-25.
49166	Parodi A, Drago EF, Varaldo G, et al (1989). Rowell's syndrome. Report of a case. <i>J Am Acad Dermatol</i> , 21(2 Pt 2): 374-7.
132647	Pasquini Neto R, Mazzo FA, Vieira FA, et al (2022). COVID-19 cutaneous manifestations in children and adolescents: a systematic review. <i>Rev Paul Pediatr</i> , 40: e2021134.
132648	Passarini B, Pileri A, Neri I, et al (2013). Chilblain lupus erythematosus in a patient affected by Hodgkin lymphoma. <i>Australas J Dermatol</i> , 54(1): 74-5.

81978	Payne-James JJ, Munro MH, Rowland Payne CM (2007). Pseudosclerodermatous triad of perniosis, pulp atrophy and 'parrot-beaked' clawing of the nails--a newly recognized syndrome of chronic crack cocaine use. <i>J Forensic Leg Med</i> , 14(2): 65-71.
132649	Pearce J, Shareef N, Ho B, et al (2022). P46: A case series of COVID-19 vaccination and lymphatic dysfunction. <i>Br J Dermatol</i> , 187(Suppl 1): 53.
132650	Perna A, Passiatore M, Massaro A, et al (2021). Skin manifestations in COVID-19 patients, state of the art. A systematic review. <i>Int J Dermatol</i> , 60(5): 547-53.
132651	Pistorius MA, Blaise S, Le Hello C, et al (2020). Chilblains and COVID19 infection: Causality or coincidence? How to proceed? <i>J Med Vasc</i> , 45(4): 221-3.
132657	Pourani MR, Shahidi Dadras M, Salari M, et al (2022). Cutaneous adverse events related to COVID-19 vaccines: A cross-sectional questionnaire-based study of 867 patients. <i>Dermatol Ther</i> , 35(2): e15223.
132659	Pouxe M, Abdulkarim A, de Valliere S, et al (2024). Diagnosis and management of COVID toes in outpatients: a case report. <i>J Med Case Rep</i> , 18(1): 307.
81761	Prakash S, Weisman MH (2009). Idiopathic chilblains. <i>Am J Med</i> , 122(12): 1152-5.
132658	Pratt M, Mahmood F, Kirchhof MG (2021). Pharmacologic treatment of idiopathic chilblains (pernio): A systematic review. <i>J Cutan Med Surg</i> , 25(5): 530-42.
132660	Qiao JW, Dan Y, Wolf ME, et al (2022). Post-vaccination COVID toes (chilblains) exacerbated by rituximab infusion suggests interferon activation as mechanism. <i>Mil Med</i> , 187(11-12): e1480-2.
81781	Rabbani MA, Shah SM, Ahmed A (2003). Cutaneous manifestations of systemic lupus erythematosus in Pakistani patients. <i>J Pak Med Assoc</i> , 53(11): 539-41.
80525	Raducan A, Tiplica GS (2013). Cold injuries - chilblains and frostbite. Retrieved 24 January 2017, from https://bg-derm.org/cold-injuries-chilblains-and-frostbite/
132661	Rahimi H, Tehranchinia Z (2020). A comprehensive review of cutaneous manifestations associated with COVID-19. <i>Biomed Res Int</i> , 2020: 1236520.
132265	Rathjen NA, Shahbodaghi SD, Brown JA (2019). Hypothermia and cold weather injuries. <i>Am Fam Physician</i> , 100(11): 680-6.
50491	Reinertsen JL (1981). Unusual pernio-like reaction to sulindac. <i>Arthritis Rheum</i> , 24(9): 1215.
132684	Reinhart M, Metze D, Braun SA (2022). [Skin manifestations of COVID-19 and after COVID-19 vaccination]. <i>Hautarzt</i> , 73(6): 434-41 [Article in German].
132685	Rekhtman S, Tannenbaum R, Strunk A, et al (2021). Eruptions and related clinical course among 296 hospitalized adults with confirmed COVID-19. <i>J Am Acad Dermatol</i> , 84(4): 946-52.
48470	Richez C, Dumoulin C, Schaefferbeke T (2005). [Comment] Infliximab induced chilblain lupus in a patient with rheumatoid arthritis. <i>J Rheumatol</i> , 32(4): 760-1.
132686	Rocha KO, Zanuncio VV, Freitas BA, et al (2021). "COVID toes": A meta-analysis of case and observational studies on clinical, histopathological, and laboratory findings. <i>Pediatr Dermatol</i> , 38(5): 1143-9.
132687	Rodrigo L, Beteta-Gorriti V, Alvarez N, et al (2018). Cutaneous and mucosal manifestations associated with celiac disease. <i>Nutrients</i> , 10(7): 800.

132688	Ruiz-Villaverde R, Sanchez-Cano D, Martin-Perez AJ, et al (2020). Adalimumab induced chilblain lupus in a patient with rheumatoid arthritis. <i>Dermatol Ther</i> , 33(4): e13764.
132689	Rustin MH, Foreman JC, Dowd PM (1990). Anorexia nervosa associated with acromegaloic features, onset of acrocyanosis and Raynaud's phenomenon and worsening of chilblains. <i>J R Soc Med</i> , 83(8): 495-6.
82069	Rutsch F (2015). [Comment] Chilblain lesions associated with inherited autoimmune disease. <i>Br J Dermatol</i> , 173(6): 1369-70.
132690	Rutter-Locher Z, Chen Z, Flores L, et al (2016). Sneddon's syndrome: it is all in the ectoderm. <i>Pract Neurol</i> , 16(4): 300-3.
132691	Sachdeva M, Mufti A, Maliyar K, et al (2021). A review of COVID-19 chilblains-like lesions and their differential diagnoses. <i>Adv Skin Wound Care</i> , 34(7): 348-54.
130842	Saenz Ibarra B, Meeker J, Jalali O, et al (2018). Cold-induced dermatoses: case report and review of literature. <i>Am J Dermatopathol</i> , 40(4): 291-4.
132692	Saidoune F, Lee D, Di Domizio J, et al (2025). Enhanced TLR7-dependent production of type I interferon by pDCs underlies pandemic chilblains. <i>J Exp Med</i> , 222(7): e20231467.
132693	Sanchez-Garcia V, Hernandez-Quiles R, de-Miguel-Balsa E, et al (2022). Are the chilblain-like lesions observed during the COVID-19 pandemic due to severe acute respiratory syndrome coronavirus 2? Systematic review and meta-analysis. <i>J Eur Acad Dermatol Venereol</i> , 36(1): 24-38.
132694	Seebacher N, Kirkham J, Smith SD (2022). Cutaneous manifestations of COVID-19: diagnosis and management. <i>Med J Aust</i> , 217(2): 76-8.
132696	Seirafianpour F, Pourriyahi H, Gholizadeh Mesgarha M, et al (2022). A systematic review on mucocutaneous presentations after COVID-19 vaccination and expert recommendations about vaccination of important immune-mediated dermatologic disorders. <i>Dermatol Ther</i> , 35(6): e15461.
132695	Seirafianpour F, Sodagar S, Pour Mohammad A, et al (2020). Cutaneous manifestations and considerations in COVID-19 pandemic: A systematic review. <i>Dermatol Ther</i> , 33(6): e13986.
132697	Semiz Y, Yildirim Bay E, Oguz Topal I, et al (2022). Case of chilblain lupus triggered by adalimumab therapy in a patient with psoriasis. <i>J Cosmet Dermatol</i> , 21(9): 4089-90.
130839	Semkova K, Ong EL, Jullie M, et al (2019). [Comment] Two cases of perniosis in a free flap and a graft site of the hands. <i>Clin Exp Dermatol</i> , 44(7): 824-6.
132702	Shabeeb N, Hinshaw M, Pei S, et al (2021). Clinical features of tumor necrosis factor-alpha-inhibitor induced chilblain lupus: A case series. <i>JAAD Case Rep</i> , 12: 81-4.
132703	Shah I, Stacey SK, Ganne N, et al (2021). Perniosis in the COVID-19 era. <i>Dermatol Online J</i> , 27(5).
132704	Shahi V, Wetter DA, Cappel JA, et al (2015). Vasospasm is a consistent finding in pernio (chilblains) and a possible clue to pathogenesis. <i>Dermatology</i> , 231(3): 274-9.
132705	Shaikh TG, Waseem S, Ahmed SH, et al (2022). SARS-CoV-2 vaccination and chilblain-like lesions: what do we know so far? <i>Dermatol Pract Concept</i> , 12(4): e2022170.
132706	Shimamura Y, Ogawa Y, Takizawa H (2021). Chilblain lupus erythematosus. <i>JMA J</i> , 4(4): 423-5.
81948	Sifuentes Giraldo WA, Ahijon Lana M, Garcia Villanueva MJ, et al (2012). Chilblain lupus induced by TNF-a antagonists: a case report and literature review. <i>Clin Rheum</i> , 31(3): 563-8.
50010	Simon TD, Soep JB, Hollister JR (2005). Pernio in pediatrics. <i>Pediatrics</i> , 116(3): e472-5.

116379	Singal A, Lipner SR (2023). A review of skin disease in military soldiers: challenges and potential solutions. <i>Ann Med</i> , 55(2): 2267425.
81973	Singh GK, Datta A, Grewal RS, et al (2015). Pattern of chilblains in a high altitude region of Ladakh, India. <i>Med J Armed Forces India</i> , 71(3): 265-9.
132709	Singh H, Kaur H, Singh K, et al (2021). Cutaneous manifestations of COVID-19: A systematic review. <i>Adv Wound Care (New Rochelle)</i> , 10(2): 51-80.
132708	Singh S, Sheffield S, Chowdhury N, et al (2021). Utilization of rituximab for refractory Rowell syndrome. <i>Case Rep Rheumatol</i> , 2021: 2727382.
132707	Singh S, Taneja N, Bala P, et al (2018). Aicardi-Goutieres syndrome: cold-induced acral blemish is not always cryoglobulinaemic vasculitis or chilblain lupus. <i>Clin Exp Dermatol</i> , 43(4): 488-90.
132711	Souwer IH, Bor JH, Smits P, et al (2016). Nifedipine vs placebo for treatment of chronic chilblains: A randomized controlled trial. <i>Ann Fam Med</i> , 14(5): 453-9.
132710	Souwer IH, Bor JH, Smits P, et al (2017). Assessing the effectiveness of topical betamethasone to treat chronic chilblains: a randomised clinical trial in primary care. <i>Br J Gen Pract</i> , 67(656): e187-93.
81772	Soy M, Piskin S (2007). Cutaneous findings in patients with primary Sjogren's syndrome. <i>Clin Rheumatol</i> , 26(8): 1350-2.
81982	St Clair NE, Kim CC, Semrin G, et al (2006). Celiac disease presenting with chilblains in an adolescent girl. <i>Pediatr Dermatol</i> , 23(5): 451-4. [Abstract]
132712	Starkey SY, Mar K, Kashetsky N, et al (2023). Chilblain-like lesions coinciding with the SARS-CoV-2 pandemic. <i>Clin Dermatol</i> , 41(1): 223-9.
132713	Stewart CL, Adler DJ, Jacobson A, et al (2013). Equestrian perniosis: a report of 2 cases and a review of the literature. <i>Am J Dermatopathol</i> , 35(2): 237-40.
113185	Stewart S, Brenton-Rule A, Dalbeth N, et al (2019). Foot and ankle characteristics in systemic lupus erythematosus: A systematic review and meta-analysis. <i>Semin Arthritis Rheum</i> , 48(5): 847-59.
132714	Swerdlow M, Kress GT, Shin L (2024). Reconstructive limb salvage after COVID-19-induced gangrene and amputation. <i>Cureus</i> , 16(5): e60758.
81762	Takci Z, Vahaboglu G, Eksioglu H (2012). Epidemiological patterns of perniosis, and its association with systemic disorder. <i>Clin Exp Dermatol</i> , 37(8): 844-9.
132715	Takeda K, Nakano K, Udagawa S, et al (2021). Chilblain lupus-like cutaneous reaction associated with systemic lupus erythematosus induced by immune checkpoint inhibitor. <i>Rheumatology (Oxford)</i> , 61(1): e13-4.
82146	Tan BB, Lear JT, English JS (1997). Metastasis from carcinoma of breast masquerading as chilblains. <i>J R Soc Med</i> , 90(3): 162.
132716	Tan SW, Tam YC, Oh CC (2021). Skin manifestations of COVID-19: A worldwide review. <i>JAAD Int</i> , 2: 119-33.
132717	Tran C, McEwen G, Fraga GR (2016). Chilblain-like leukaemia cutis. <i>BMJ Case Rep</i> , 2016: 214838.
132718	Truong A, Liu J, Ni C, et al (2024). Chilblain lupus erythematosus associated with erdafitinib therapy in a patient with metastatic bladder cancer. <i>JAAD Case Rep</i> , 54: 62-5.
132719	Umair HM, Sandler RD, Alunno A, et al (2021). Association between central nervous system stimulants used to treat attention deficit hyperactivity disorder (ADHD) and Raynaud's phenomenon: A scoping review. <i>Semin Arthritis Rheum</i> , 51(6): 1200-4.
132720	Urata Y, Honda T, Kaku Y, et al (2019). Chilblain lupus during treatment with golimumab for rheumatoid arthritis. <i>J Dermatol</i> , 46(9): e314-5.
132721	Vinister GV, Roongta R, Sinha D, et al (2023). Chilblain lupus. <i>Mediterr J Rheumatol</i> , 34(2): 269-70.

81981	Vogt J, Agrawal S, Ibrahim Z, et al (2013). Striking intrafamilial phenotypic variability in Aicardi-Goutières syndrome associated with the recurrent Asian founder mutation in RNASEH2C. <i>Am J Med Genet A</i> , 161A(2): 338-42. [Abstract]
132722	Wang CJ, Worswick S (2021). Cutaneous manifestations of COVID-19. <i>Dermatol Online J</i> , 27(1): 13030.
130823	Wang WY, Lin MC (2024). Chilblain lupus erythematosus. <i>N Engl J Med</i> , 391(4): e6.
132723	West SE, McCalmont TH, North JP (2013). Ice-pack dermatosis: a cold-induced dermatitis with similarities to cold panniculitis and perniosis that histopathologically resembles lupus. <i>JAMA Dermatol</i> , 149(11): 1314-8.
132724	White KP, Rothe MJ, Milanese A, et al (1994). Perniosis in association with anorexia nervosa. <i>Pediatr Dermatol</i> , 11(1): 1-5.
49291	WHO (2007). Injury, poisoning and certain other consequences of external causes (S00-T98). Other and unspecified effects of external causes (T66-T78). Chapter XIX. Retrieved 31 July 2008, from http://www.who.int/classifications/apps/icd/icd10online/gt66.htm
132725	Wong AW, White HE, Shipman AR (2022). P45: Chilblain: a brief history of cold comfort remedies. <i>Br J Dermatol</i> , 187(S1): 53.
132754	Yang AY, Schwartz L, Divers AK, et al (2013). Equestrian chilblain: another outdoor recreational hazard. <i>J Cutan Pathol</i> , 40(5): 485-90.
132752	Yang X, Perez OA, English JC 3rd (2010). Adult perniosis and cryoglobulinemia: a retrospective study and review of the literature. <i>J Am Acad Dermatol</i> , 62(6): e21-2.
132755	Yin H, Lu L (2022). Chilblain-like acral lesions. <i>Eur J Intern Med</i> , 100: 119-20.
130622	Zahn C, Puga C, Malik A, et al (2024). Painful Raynaud's mimics. <i>Best Pract Res Clin Rheumatol</i> , 38(1): 101948.
132757	Zaladonis A, Huang S, Hsu S (2020). COVID toes or pernio? <i>Clin Dermatol</i> , 38(6): 764-7.
132758	Zimmermann N, Wolf C, Schwenke R, et al (2019). Assessment of clinical response to Janus kinase inhibition in patients with familial chilblain lupus and TREX1 mutation. <i>JAMA Dermatol</i> , 155(3): 342-6.