Statement of Principles
cconcerning
CHILBLAINS
(Reasonable Hypothesis)
(No. 29 of 2018)

The Repatriation Medical Authority determines the following Statement of Principles under subsection 196B(2) of the Veterans' Entitlements Act 1986.

Dated 2 March 2018

The Common Seal of the
Repatriation Medical Authority
was affixed to this instrument
at the direction of:

Professor Nicholas Saunders AO
Chairperson
Statement of Principles concerning 2 of 7 Chilblains (Reasonable Hypothesis) (No. 29 of 2018)
Veterans’ Entitlements Act 1986
1 Name
This is the Statement of Principles concerning chilblains (Reasonable Hypothesis) (No. 29 of 2018).

2 Commencement
This instrument commences on 2 April 2018.

3 Authority
This instrument is made under subsection 196B(2) of the Veterans’ Entitlements Act 1986.

4 Revocation
The Statement of Principles concerning chilblains No. 9 of 2009 made under subsection 196B(2) of the VEA is revoked.

5 Application
This instrument applies to a claim to which section 120A of the VEA or section 338 of the Military Rehabilitation and Compensation Act 2004 applies.

6 Definitions
The terms defined in the Schedule 1 - Dictionary have the meaning given when used in this instrument.

7 Kind of injury, disease or death to which this Statement of Principles relates
(1) This Statement of Principles is about chilblains and death from chilblains.

Meaning of chilblains
(2) For the purposes of this Statement of Principles, chilblains:

(a) means painful, localised erythema and inflammatory swelling from the reaction of the small blood vessels in the skin to exposure to non-freezing cold; and
(b) excludes non-freezing cold injury, frostnip and frostbite.

Note 1: Chilblains are also known as pernios or perniosis.

Note 2: Chilblains manifest as erythematous to violaceous macules, papules, plaques or nodules in sites of cold exposure. Symptoms of pruritus, pain or burning often accompany the skin lesions, and complications of blistering, ulceration or secondary infection may occur. The most common sites for involvement are the fingers and toes, but other sites such as the legs, hands, nose, face and ears may also be affected.
(3) While chilblains attracts ICD-10-AM code T69.1, in applying this Statement of Principles the meaning of chilblains is that given in subsection (2).


Death from chilblains

(5) For the purposes of this Statement of Principles, chilblains, in relation to a person, includes death from a terminal event or condition that was contributed to by the person’s chilblains.

Note: terminal event is defined in the Schedule 1 – Dictionary.

8 Basis for determining the factors

The Repatriation Medical Authority is of the view that there is sound medical-scientific evidence that indicates that chilblains and death from chilblains can be related to relevant service rendered by veterans, members of Peacekeeping Forces, or members of the Forces under the VEA, or members under the MRCA.

Note: MRCA, relevant service and VEA are defined in the Schedule 1 – Dictionary.

9 Factors that must exist

At least one of the following factors must as a minimum exist before it can be said that a reasonable hypothesis has been raised connecting chilblains or death from chilblains with the circumstances of a person's relevant service:

(1) exposing the affected part of the body to non-freezing temperatures below ten degrees Celsius within the 24 hours before the clinical onset of chilblains;

(2) having a disease from the specified list of diseases at the time of the clinical onset of chilblains;

Note: specified list of diseases is defined in the Schedule 1 - Dictionary.

(3) having a body mass index (BMI) of less than 21 at the time of the clinical onset of chilblains;

Note: BMI is defined in the Schedule 1 - Dictionary.

(4) inability to obtain appropriate clinical management for chilblains.
10 Relationship to service

(1) The existence in a person of any factor referred to in section 9, must be related to the relevant service rendered by the person.

(2) The factor set out in subsection 9(4) applies only to material contribution to, or aggravation of, chilblains where the person’s chilblains was suffered or contracted before or during (but did not arise out of) the person’s relevant service.

11 Factors referring to an injury or disease covered by another Statement of Principles

In this Statement of Principles:

(1) if a factor referred to in section 9 applies in relation to a person; and

(2) that factor refers to an injury or disease in respect of which a Statement of Principles has been determined under subsection 196B(2) of the VEA;

then the factors in that Statement of Principles apply in accordance with the terms of that Statement of Principles as in force from time to time.
Schedule 1 - Dictionary

Note: See Section 6

1 Definitions

In this instrument:

**BMI** means \( W/H^2 \) where:

- \( W \) is the person's weight in kilograms; and
- \( H \) is the person's height in metres.

**chilblains**—see subsection 7(2).

**MRCA** means the Military Rehabilitation and Compensation Act 2004.

**relevant service** means:

- (a) operational service under the VEA;
- (b) peacekeeping service under the VEA;
- (c) hazardous service under the VEA;
- (d) British nuclear test defence service under the VEA;
- (e) warlike service under the MRCA; or
- (f) non-warlike service under the MRCA.

Note: **MRCA** and **VEA** are also defined in the Schedule 1 - Dictionary.

**specified list of diseases** means:

- (a) anorexia nervosa;
- (b) antiphospholipid syndrome;
- (c) Behçet disease;
- (d) chronic myelomonocytic leukaemia;
- (e) cold agglutinin disorder;
- (f) cryofibrinogenemia;
- (g) cryoglobulinaemia;
- (h) discoid lupus erythematosus;
- (i) dysproteinemia;
- (j) macroglobulinaemia;
- (k) monoclonal gammopathy;
- (l) myelodysplastic syndrome;
- (m) Raynaud disease;
- (n) rheumatoid arthritis;
- (o) Sjögren syndrome; or
- (p) systemic lupus erythematosus.

**terminal event** means the proximate or ultimate cause of death and includes the following:

- (a) pneumonia;
- (b) respiratory failure;
- (c) cardiac arrest;
- (d) circulatory failure; or
(e) cessation of brain function.

**VEA** means the *Veterans’ Entitlements Act 1986*. 