



**Australian Government**  
**Repatriation Medical Authority**

**EXPLANATORY STATEMENT**

**STATEMENT OF PRINCIPLES CONCERNING  
SHINGLES AND POSTHERPETIC NEURALGIA  
(REASONABLE HYPOTHESIS) (NO. 27 OF 2023)**

***VETERANS' ENTITLEMENTS ACT 1986***  
***MILITARY REHABILITATION AND COMPENSATION ACT 2004***

1. This is the Explanatory Statement to the *Statement of Principles concerning shingles and postherpetic neuralgia (Reasonable Hypothesis)* (No. 27 of 2023).

**Background**

2. The Repatriation Medical Authority (the Authority), under subsection 196B(8) of the *Veterans' Entitlements Act 1986* (the VEA), repeals Instrument No. 47 of 2015 (Federal Register of Legislation No. F2015L00253) determined under subsection 196B(2) of the VEA concerning **herpes zoster**.
3. The Authority is of the view that there is sound medical-scientific evidence that indicates that **shingles and postherpetic neuralgia** and **death from shingles and postherpetic neuralgia** can be related to particular kinds of service. The Authority has therefore determined pursuant to subsection 196B(2) of the VEA a Statement of Principles concerning **shingles and postherpetic neuralgia (Reasonable Hypothesis)** (No. 27 of 2023). This Instrument will in effect replace the repealed Statement of Principles.

**Purpose and Operation**

4. The Statement of Principles will be applied in determining claims under the VEA and the *Military Rehabilitation and Compensation Act 2004* (the MRCA).
5. The Statement of Principles sets out the factors that must as a minimum exist, and which of those factors must be related to the following kinds of service rendered by a person:
  - operational service under the VEA;
  - peacekeeping service under the VEA;
  - hazardous service under the VEA;
  - British nuclear test defence service under the VEA;
  - warlike service under the MRCA;
  - non-warlike service under the MRCA,

before it can be said that a reasonable hypothesis has been raised connecting shingles and postherpetic neuralgia or death from shingles and postherpetic neuralgia, with the circumstances of that service. The Statement of Principles has been determined for the purposes of both the VEA and the MRCA.

6. This Instrument results from an investigation notified by the Authority in the Government Notices Gazette of 10 May 2022 concerning herpes zoster in accordance with section 196G of the VEA. The investigation involved an examination of the sound medical-scientific evidence now available to the Authority, including the sound medical-scientific evidence it has previously considered.
7. The contents of this Instrument are in similar terms as the repealed Instrument. Comparing this Instrument and the repealed Instrument, the differences include:
  - adopting the latest revised Instrument format, which commenced in 2015;
  - specifying a day of commencement for the Instrument in section 2;
  - revising the definition of 'shingles and postherpetic neuralgia' in subsection 7(2);
  - including ICD-10-AM codes for 'shingles and postherpetic neuralgia' in subsection 7(3);
  - revising the reference to 'ICD-10-AM code' in subsection 7(4);
  - revising the factor in subsection 9(1) concerning having chickenpox;
  - revising the factor in subsection 9(2) concerning for vaccine strain herpes zoster only, having live attenuated varicella vaccine before the clinical onset of shingles;
  - new factor in subsection 9(3) concerning being prevented from accessing appropriate varicella-zoster vaccination;
  - new factors in subsections 9(4) and 9(13) concerning being in an immunocompromised state;
  - revising the factor in subsection 9(5) concerning having trauma;
  - revising the factors in subsections 9(6) and 9(14) concerning having diabetes mellitus;
  - new factor in subsection 9(7) concerning having an autoimmune disease;
  - new factor in subsection 9(8) concerning having a depressive disorder;
  - new factor in subsection 9(9) concerning having a chronic medical condition from the specified list of chronic medical conditions;
  - new factor in subsection 9(10) concerning having a moderate to severe traumatic brain injury;
  - new factor in subsection 9(11) concerning having a splenectomy;
  - new factor in subsection 9(12) concerning having an active symptomatic infection resulting in SARS-CoV-2;
  - revising the factor in subsection 9(15) concerning inability to obtain appropriate clinical management;
  - new definitions of *active symptomatic infection resulting in SARS-CoV-2*, *persistent asthma of moderate severity*, *specified list of autoimmune diseases*, *specified list of chronic medical conditions*. in Schedule 1 - Dictionary;
  - revising the definitions of *chronic renal failure*, *immunocompromised state as specified*, in Schedule 1 – Dictionary.

### Consultation

8. Prior to determining this Instrument, the Authority advertised its intention to undertake an investigation in relation to herpes zoster in the Government Notices Gazette of 10 May 2022, and circulated a copy of the notice of intention to investigate to a wide range of organisations representing veterans, service personnel and their dependants. The Authority invited submissions from the Repatriation Commission, the Military

Rehabilitation and Compensation Commission, organisations and persons referred to in section 196E of the VEA, and any person having expertise in the field. **No submissions** were received for consideration by the Authority in relation to the investigation.

### **Human Rights**

9. This instrument is compatible with the Human Rights and Freedoms recognised or declared in the International Instruments listed in Section 3 of the *Human Rights (Parliamentary Scrutiny) Act 2011*. A Statement of Compatibility with Human Rights follows.

### **Finalisation of Investigation**

10. The determining of this Instrument finalises the investigation in relation to shingles and postherpetic neuralgia as advertised in the Government Notices Gazette of 10 May 2022.

### **References**

11. A list of references relating to the above condition is available on the Authority's website at: [www.rma.gov.au](http://www.rma.gov.au). Any other document referred to in this Statement of Principles is available on request to the Repatriation Medical Authority at the following address:

Email: [info@rma.gov.au](mailto:info@rma.gov.au)

Post: The Registrar  
Repatriation Medical Authority  
GPO Box 1014  
BRISBANE QLD 4001



**Australian Government**  
**Repatriation Medical Authority**

## **Statement of Compatibility with Human Rights**

*(Prepared in accordance with Part 3 of the Human Rights (Parliamentary Scrutiny) Act 2011)*

**Instrument No.:** **Statement of Principles No. 27 of 2023**

**Kind of Injury, Disease or Death:** **Shingles and postherpetic neuralgia**

This Legislative Instrument is compatible with the human rights and freedoms recognised or declared in the international instruments listed in section 3 of the *Human Rights (Parliamentary Scrutiny) Act 2011*.

### **Overview of the Legislative Instrument**

1. This Legislative Instrument is determined pursuant to subsection 196B(2) of the *Veterans' Entitlements Act 1986* (the VEA) for the purposes of the VEA and the *Military Rehabilitation and Compensation Act 2004* (the MRCA). Part XIA of the VEA requires the determination of these instruments outlining the factors connecting particular kinds of injury, disease or death with service such being determined solely on the available sound medical-scientific evidence.
2. This Legislative Instrument:-
  - facilitates claimants in making, and the Repatriation Commission and the Military Rehabilitation and Compensation Commission in assessing, claims under the VEA and the MRCA respectively, by specifying the circumstances in which medical treatment and compensation can be extended to eligible persons who have shingles and postherpetic neuralgia;
  - facilitates the review of such decisions by the Veterans' Review Board and the Administrative Appeals Tribunal;
  - outlines the factors which the current sound medical-scientific evidence indicates must as a minimum exist, before it can be said that a reasonable hypothesis has been raised, connecting shingles and postherpetic neuralgia with the circumstances of eligible service rendered by a person, as set out in clause 5 of the Explanatory Statement;
  - replaces Instrument No. 47 of 2015; and
  - reflects developments in the available sound medical-scientific evidence concerning shingles and postherpetic neuralgia which have occurred since that earlier instrument was determined.
3. The Instrument is assessed as being a technical instrument which improves the medico-scientific quality of outcomes under the VEA and the MRCA.

## **Human Rights Implications**

4. This Legislative Instrument does not derogate from any human rights. It promotes the human rights of veterans, current and former Defence Force members as well as other persons such as their dependents, including:
- the right to social security (Art 9, *International Covenant on Economic, Social and Cultural Rights*; Art 26, *Convention on the Rights of the Child* and Art 28, *Convention on the Rights of Persons with Disabilities*) by helping to ensure that the qualifying conditions for the benefit are 'reasonable, proportionate and transparent'<sup>1</sup>;
  - the right to an adequate standard of living (Art 11, ICESCR; Art 27, CRC and Art 28, CRPD) by facilitating the assessment and determination of social security benefits;
  - the right to the enjoyment of the highest attainable standard of physical and mental health (Art 12, ICESCR and Art 25, CRPD), by facilitating the assessment and determination of compensation and benefits in relation to the treatment and rehabilitation of veterans and Defence Force members;
  - the rights of persons with disabilities by facilitating the determination of claims relating to treatment and rehabilitation (Art 26, CRPD); and
  - ensuring that those rights "will be exercised without discrimination of any kind as to race, colour, sex, language, religion, political or other opinion, national or social origin, property, birth or other status" (Art 2, ICESCR).

## **Conclusion**

This Legislative Instrument is compatible with human rights as it does not derogate from and promotes a number of human rights.

Repatriation Medical Authority

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<sup>1</sup> In General Comment No. 19 (The right to social security), the Committee on Economic, Social and Cultural Rights said (at paragraph 24) this to be one of the elements of ensuring accessibility to social security.